

# Summer Solstice 2025



Summer Solstice - 21st June ~ Midsummers Day - 24th June Herbs: Rosemary, Marigold, Calendula, St. John's Wort

Flowers: Roses, Sunflowers

Colours: Gold, Red, Orange, Yellow

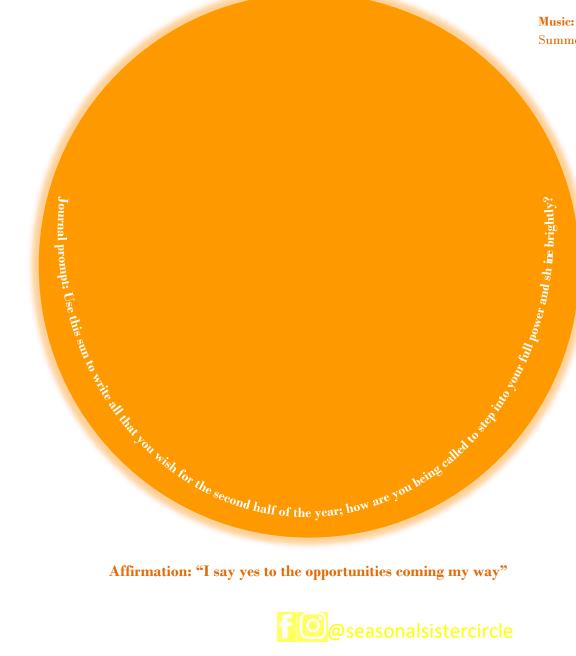


Fire - igniting our inner fire - what lights us up; expansion; personal power; passion; purpose.

## Ritual:

Prepare your altar with items that reflect the seasonal colours. Light a candle. Yellow is associated with your Solar Plexus, site of your personal power and sovereignty. Watch a sunrise & spend time in nature.

Summer Solstice Playlist here.



Affirmation: "I say yes to the opportunities coming my way"





Áine - Celtic Sun Goddess (Canva)

## Prayer to Aine

Áine, radiant one,

I call upon you, goddess of

Your golden light fills the

Bathes the land, and bids us rise.

I seek your warmth and your embrace,

To find strength in your golden grace.

Bless me with your sovereignty,

And grant me abundance, for all to see.

May your light guide my path,

And protect me from harm and wrath.

Áine, I thank you for your presence,

May your light shine on, forever, my essence.